

Cycle #3 Spring & Summer August 6<sup>th</sup> thru August 10<sup>th</sup> 2018 Appletree Child Development Center Inc. & Appletree Day Care Inc



	Tuesday	Wednesday	Thursday	Friday
Biscuit w/ Jelly Applesauce Milk	Whole Wheat Cheese Toast Sliced Bananas* Milk	Pancakes W/ Syrup Raisins Milk	Blueberry Muffins Baked Apples Milk	Whole Wheat Buttered Toast Sliced Pears* Milk
Mini Corn Dogs Green Beans Mixed Fruit Whole Wheat Bread Milk	Ravioli Mixed Vegetables Pineapple Tidbits Whole Wheat Bread Milk	Spaghetti w/ Meat sauce Green Beans Toss Salad* Ranch Dressing Applesauce Milk	Taco Salad's w/ Ground Turkey, Lettuce* Cheese Taco Chips Corn Apple Wedges* Milk	Homemade Turkey Subs Southern Potato Salad* Dill Pickles Orange Wedges* Chips Milk
Gold Fish Apple Juice	Oyster Crackers Carrots w/ ranch dressing Water	Bagels w/ Cream Cheese Orange Juice	Graham Crackers Apple Wedges Water	String Cheese Fresh Pears Water
	Applesauce Milk  Mini Corn Dogs Green Beans Mixed Fruit Whole Wheat Bread Milk  Gold Fish	Biscuit w/ Jelly Applesauce Milk  Mini Corn Dogs Green Beans Mixed Fruit Whole Wheat Whole Wheat Bread Milk  Gold Fish Apple Juice  Whole Wheat Cheese Toast Sliced Bananas* Mixed Vegetables Pineapple Tidbits Whole Wheat Bread Milk  Oyster Crackers Carrots w/ ranch dressing	Biscuit w/ Jelly Applesauce Milk  Mini Corn Dogs Green Beans Mixed Fruit Whole Wheat Miked  Vegetables Whole Wheat Bread Milk  Bread Milk  Gold Fish Apple Juice  Whole Wheat Cheese Toast Sliced Bananas* Milk  Raisins Milk  Spaghetti w/ Meat sauce Green Beans Toss Salad* Ranch Dressing Applesauce Milk  Bagels w/ Cream Cheese Orange Juice	Biscuit w/ Jelly Applesauce Milk  Mini Corn Dogs Green Beans Mixed Whole Wheat Wegetables Whole Wheat Bread Milk  Milk  Milk  Milk  Mini Corn Dogs Green Beans Mixed Vegetables Whole Wheat Bread Milk  Bread Milk  Bread Milk  Bread Milk  Gold Fish Apple Juice  Green Balueberry Muffins Baked Apples Mikh  Milk  Milk  Spaghetti w/ Meat sauce Green Beans Taco Salad's w/ Ground Turkey, Lettuce* Cheese Ranch Dressing Applesauce Milk  Apple Wedges* Milk  Gold Fish Apple Juice  Graham Crackers Apple Wedges Orange Juice Water

8th Continent Milk, Organic 1& Almond Milk

• Fresh Fruit & Fresh Vegetables



### Cycle #3 Spring & Summer Substitution Allergies Menu

### August 6th thru August 10th 2018

### Appletree Child Development Center Inc. & Appletree Day Care Inc

		Tuesday	Wednesday	Thursday	Friday
Breakfast	Buttered Toast Sliced Pears	Jelly Toast	Sliced Bananas	Orange Wedges	
Lunch	Meatless Chicken Nuggets Sliced Oranges	Tofu Turkey Sandwiches	Spaghetti w/ Meat less sauce Orange Wedges	Sliced Pears	Tofu Turkey Carrot Sticks
PM Snack	Graham Crackers White Grape Juice	No Ranch Dressing	Jelly	Orange Wedges	Saltine Crackers



### Cycle #4 Spring & Summer August 13th thru August 17th 2018

### Appletree Child Development Center Inc. & Appletree Day Care Inc.

	Monday	Tuesday	Wednesday	Thursday	Friday
	French Toast	Whole Wheat	Cheerios	Pancakes	Whole English
	W/ Syrup	<b>Buttered Toast</b>	w/ Raisins*	Applesauce	Muffins
Dunglefast	Fresh Pears	Sliced	Milk	Milk	W/ Butter
Breakfast	Milk	Banana's*			Mandarin
		Milk			Oranges
					Milk
	Chicken	Cheese Pizza	Chicken Soft	Swedish	Bologna&
	Nuggets	Extra Cheese	wheat Taco's	Meatballs	Cheese
	Macaroni	Toss Salad*	w/ Lettuces,	w/ Rice and	Whole Wheat
Lunch	Salad*	Ranch Dressing	Cheese	Gravy	Bread
	Black Eye Peas	Corn	Refried beans	<b>Sweet Peas</b>	Carrot sticks*
	Apple wedges*	Pineapple	Mandarin	Peaches	Apple Wedges*
	Whole Wheat	<b>Tidbits</b>	Oranges	Whole Wheat	Dill Pickle's
	Bread	Milk	Milk	Roll	Chips
	Milk			Milk	Milk
	Saltines w/	Cheese Cubes	Pretzels w/	Graham	Celery w/ Soy
	Cheese	w/ Carrots	Cheese Dip	Crackers	Butter
PM Snack	Grape Juice	Sticks * w/	Fruit Punch	Apple Juice	Raisins*
		Ranch Dressing			Water
		Water			

Lactose Milk 8<sup>Th</sup> Continent Soy Milk Almond Milk Organic Milk









### August 13th thru August 17th 2018

### Appletree Child Development Center Inc. & Appletree Day Care Inc.

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Jelly Toast		Orange Wedges	Diced Pears	Butter Toast
Lunch	Pineapple Tidbit	Chicken Nuggets		Meatless Meat Fresh Pear	Cheese Sandwiches Bologna Orange Wedges
PM Snack	Saltines	Carrot Sticks Soy Butter Ritz Crackers	Pretzel w/ Soy Butter	Fruit Punch	Fresh Pears



# Cycle #1 Spring & Summer Appletree Child Development Center Inc. & Appletree Day Care Phyww.appletreenc.com August 20th thru August 24th 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	Blueberry	Whole Wheat	Apple Cinnamon	Biscuits	French Toast
	Muffins	Buttered Toast	Cereal	w/ Jelly	w/ Syrup
Breakfast	Baked Apples	Fresh Pear	Banana Slices*	Applesauce	Apple Wedges*
Dreunjust	Milk	Slices*	Milk	Milk	Milk
		Milk			
	Chicken Sticks	Homemade	Beef Sticks	Taco's w/ Ground	Chicken Filet
	French Style	Macaroni &	Cooked Carrots *	Turkey Meat	Sandwiches on
	Green Beans	Cheese	Toss Salad*	Lettuces*, Cheese	Bun
Lunch	Applesauce	Field Peas	w/ ranch dressing	Shells	Veg. Baked
	Whole Wheat	Diced Peaches	Whole Wheat	Corn	Beans
	Bread	Whole Grain Roll	Bread	Orange Wedges*	Pineapple
	Milk	Milk	Milk	Milk	Tidbits
					Milk
	String Cheese	Pretzels w/	Soy Butter &	Ritz Crackers	Gold Fish
	Fresh Pears	Cheese Dip	Grape Sandwiches	W/ Cheese	Grape Juice
PM Snack	Water	Grape Juice	Apple slices	Apple Juice	
			Water		

Lactose Free Milk 8th Continent Soy Milk Almond Milk Organic 1% Milk

\* Fresh Fruit & Vegetables





### Appletree Child Development Center Inc. & Appletree Day Care Inc. August 20<sup>th</sup> thru August 24<sup>th</sup> 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fresh Pears		Cheerios	Whole Wheat	Whole Wheat
				Toast w/ Jelly	Bagel
Breakfast				Orange Wedges	Pineapple Tidbits
	Orange Wedges	Noodles and Butter	Chicken Sticks		Orange Wedges
* *		Butter	No Ranch	No Cheese	
Lunch		Chicken Nuggets Apple Wedges	Dressing		
	Graham Crackers	Saltines	Orange Wedges	Ritz crackers only	Vanilla Gold fish
PM Snack		Soy Butter			

Lactose Free Milk 8th Continent Soy Milk Almond Milk Organic 1% Milk





## Cycle #2 Spring & Summer August 27<sup>th</sup> thru August 31<sup>st</sup> 2018 Appletree Child Development Center Inc. & Appletree Day Care Inc.

	Monday	Tuesday	Wednesday	Thursday	Friday
	Cinnamon	Whole Wheat	Bagels w/ Cream	Pancakes w/	Whole Wheat
	Biscuits	English Muffins	Cheese	syrup	Jelly Toast
Breakfast	Diced Pears	Banana Slices	Sliced Pears*	Orange Wedges	Mandarin
Dieukjust	Milk	Milk	Milk	Milk	Oranges
					Milk
	Chicken Nuggets	Cheeseburgers	Fish Sticks	Sloppy Joes	Chicken Salad
	Field Peas	On a Bun	Sweet Peas	On Bun	Whole Wheat
r 7	Whole Wheat	Veg. Baked	Diced Peaches	Corn	Tortilla Shells
Lunch	Bread	Beans	Whole Wheat	Applesauce	Sliced Apples*
	Orange Wedges*	Pineapple Tidbits	Bread	Milk	Carrot Sticks*
	Milk	Milk	Milk		Milk
	Graham Crackers	Oyster Crackers	Vanilla Goldfish	String Cheese	Assorted
	Apple Juice	Carrot sticks w/	White Grape Juice	Fresh Pears	Crackers
PM Snack		ranch dressing		Water	Fruit Punch
		Water			

Lactose Free Milk 8th Continent Soy Milk Almond Milk Organic 1% Mil



\*Fresh Fruit & Vegetables



#### Cycle #2 Spring & Summer August 27<sup>th</sup> thru August 31<sup>st</sup> 2018 Substitution for Allergy's Menu

#### Appletree Child Development Center Inc. & Appletree Day Care Inc.

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Wheat Toast	Whole Wheat Toast	Soy butter		
Lunch	Meatless Chicken Nuggets	Hamburgers on Bun Veg. Burger on Bun Banana Slices	Beef Sticks Sliced Pears	Meatless Meat in red sauce Orange Wedges	Tofu Turkey & Cheese Sandwiches Turkey Sandwiches Orange Wedges
PM Snack		No Ranch Dressing		Soy Butter	0

Lactose Free Milk 8th Continent Soy milk Almond Milk Organic 1% Milk





## Cycle #3 Spring & Summer September 3<sup>rd</sup> thru September 7<sup>th</sup> 2018 Appletree Child Development Center Inc. & Appletree Day Care Inc



		Tuesday	Wednesday	Thursday	Friday
Breakfast	HAPPY	Whole Wheat Cheese Toast Sliced Bananas* Milk	Pancakes W/ Syrup Raisins Milk	Blueberry Muffins Baked Apples Milk	Whole Wheat Buttered Toast Sliced Pears* Milk
Lunch	Center Closed For Labor Day 2018	Ravioli Mixed Vegetables Pineapple Tidbits Whole Wheat Bread Milk	Spaghetti w/ Meat sauce Green Beans Toss Salad* Ranch Dressing Applesauce Milk	Taco Salad's w/ Ground Turkey, Lettuce* Cheese Taco Chips Corn Apple Wedges* Milk	Homemade Turkey Subs Southern Potato Salad* Dill Pickles Orange Wedges* Chips Milk
PM Snack	Have a  *Severand  **Happy  Labor Day!	Oyster Crackers Carrots w/ ranch dressing Water	Bagels w/ Cream Cheese Orange Juice	Graham Crackers Apple Wedges Water	String Cheese Fresh Pears Water

Lactoss Free Milk 8th Continent Milk, Organic 1& Almond Milk

Fresh Fruit & Fresh Vegetables



## Cycle #3 Spring & Summer Substitution Allergies Menu

### September 3<sup>rd</sup> thru September 7<sup>th</sup> 2018 Appletree Child Development Center Inc. & Appletree Day Care Inc

Breakfast  Center Closed for Labor Day 2018  No Ranch Dressing  Sliced Bananas  Orange Wedges  Sliced Pears  Tofu Turkey Spaghetti w/ Meat less sauce Orange Wedges  Orange Wedges  Tofu Turkey Sandwiches  Meat less sauce Orange Wedges  Orange Wedges  Saltine Crackers			Tuesday	Wednesday	Thursday	Friday
Lunch  Labor Day 2018  Sandwiches  Meat less sauce Orange Wedges  Orange Wedges  Orange Wedges  Orange Wedges  Saltine Crackers	Breakfast	HAPPY	Jelly Toast	Sliced Bananas	Orange Wedges	
PM Snack  Dressing  Crackers	Lunch	Labor Day		Meat less sauce	Sliced Pears	_
	PM Snack	*Save and **Happy	P. School	Jelly	Orange Wedges	



## Cycle #4 Spring & Summer September 10<sup>th</sup> thru September 14<sup>th</sup> 2018 Appletree Child Development Center Inc. & Appletree Day Care Inc.

	Monday	Tuesday	Wednesday	Thursday	Friday
	French Toast	Whole Wheat	Cheerios	Pancakes	Whole English
	W/ Syrup	<b>Buttered Toast</b>	w/ Raisins*	Applesauce	Muffins
Breakfast	Fresh Pears	Sliced	Milk	Milk	W/ Butter
Dreukjusi	Milk	Banana's*			Mandarin
		Milk			Oranges
					Milk
	Chicken	Cheese Pizza	Chicken Soft	Swedish	Bologna&
	Nuggets	Extra Cheese	wheat Taco's	Meatballs	Cheese
	Macaroni	Toss Salad*	w/ Lettuces,	w/ Rice and	Whole Wheat
Lunch	Salad*	Ranch Dressing	Cheese	Gravy	Bread
	Black Eye Peas	Corn	Refried beans	<b>Sweet Peas</b>	Carrot sticks*
	Apple wedges*	Pineapple	Mandarin	Peaches	Apple Wedges*
	Whole Wheat	Tidbits	Oranges	Whole Wheat	Dill Pickle's
	Bread	Milk	Milk	Roll	Chips
	Milk			Milk	Milk
	Saltines w/	Cheese Cubes	Pretzels w/	Graham	Celery w/ Soy
	Cheese	w/ Carrots	Cheese Dip	Crackers	Butter
PM Snack	Grape Juice	Sticks * w/	Fruit Punch	Apple Juice	Raisins*
		Ranch Dressing Water			Water

Lactose Milk

8<sup>Th</sup> Continent Soy Milk Almond Milk Organic Milk





## Cycle #4 Spring & Summer Substitution Allergies Menu



### September 10<sup>th</sup> thru September 14<sup>th</sup> 2018 Appletree Child Development Center Inc. & Appletree Day Care Inc.

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Jelly Toast		Orange Wedges	Diced Pears	Butter Toast
Lunch	Pineapple Tidbit	Chicken Nuggets		Meatless Meat Fresh Pear	Cheese Sandwiches Bologna Orange Wedges
PM Snack	Saltines	Carrot Sticks Soy Butter Ritz Crackers	Pretzel w/ Soy Butter	Fruit Punch	Fresh Pears

